

SEMINARIO ITALIANO DI BUDO 2024



Intensive seminar of Japanese martial arts and calligraphy



AIKIDO-AIKIKEN-AIKIJO • MSR IAIDO • SMR JODO • SHODO

Fifth edition: a unique multidisciplinary seminar, under a highly experienced guide, in a new fully equipped location https://sib.shumeikai.it



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▶ DATES AND SCHEDULE

Thursday 11 July - Sunday 14 July 2024

Practice is scheduled from Thursday afternoon to Sunday morning.

Cultural and historical follow-up meetings will be also proposed after dinner.

► TECHNICAL PROGRAM

About 20 hours of training in all common classes of Aikidō ● Musō Shinden-ryū laidō ● Shintō Musō-ryū Jōdō ● Shodō exploring the application of a unifying theme to the various arts

All interested trainees are welcome, either beginners or advanced.

If you already practice Shodō please bring your own material; otherwise, all the necessary will be provided by the organization.

For possible outdoor practice bring all you need (e.g., proper shoes, sunglasses, cap).

LOCATION

Agriturismo Tenuta Le Sorgive Via Piridello 6, 46040 Solferino (MN) https://www.lesorgive.it which offers its rooms (to be shared), a dojo with tatami (250 m²), outdoor spaces and an outdoor swimming pool

► INFO SIB email: <u>seminariobudo@gmail.com</u>

PARTICIPATION

- Option 1 (seminar, 2 lunches and 3 nights): 250 €
- Option 2 (seminar and 2 lunches): 130 €
- Option 3 (seminar only): 90 €

Lunches of Friday and Saturday will be ate at the Agriturismo Le Sorgive.

Dinners are not included in the fees. It will be possible to reserve an agreed offer of 26€/meal at the nearby Agriturismo Le Volpi. Info will follow.

▶ RESERVATION

Reservation is <u>mandatory for all participants</u> by filling the web form on the website https://sib.shumeikai.it

For the Option 1 only, an advance payment of 60 € is required to reserve the rooms and the proof of payment must be sent to the SIB email address. Preliminarily, please visit the website to:

- 1. check availability of places in the reserved rooms
- 2. find the wire transfer data for the advance payment.
- Deadlines for reservation:

Option 1: 31 May / Other options: 1 July

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