

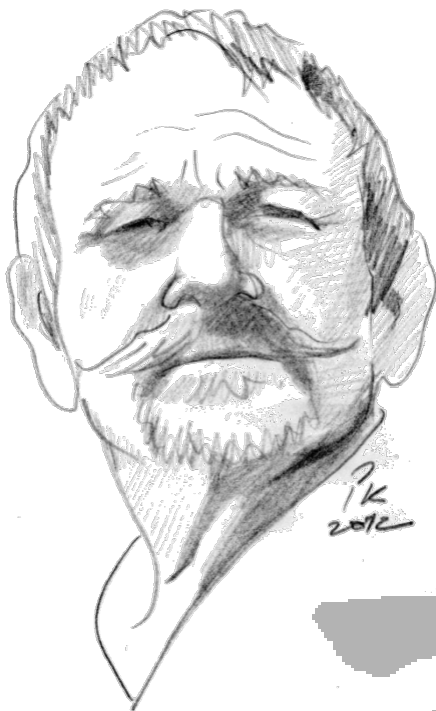
Soraga 
2023 AIKI ❖ KEN ❖ JO

ALPINE BUDO SEMINAR 2023

XXII TRADITIONAL JAPANESE MARTIAL ARTS
INTENSIVE SEMINAR

June 22 - 23 - 24 - 25, 2023

Soraga, Val di Fassa (Tn)



*The 23rd edition of the Alpine Budo Seminar is ready to deliver another intense training experience under the tutelage of **Malcolm Tiki Shewan Shihan** and **Pascal Krieger Shihan**. These internationally-renowned Budo experts, our long-standing guides in this gasshuku from the very beginning, together with René Vandroogenbroeck “VDB” Sensei (1941-2012), shall lead trainees from all over Europe through the in-depths study of **Aikido**, **Aikiken**, **Iaido** and **Jodo**, and of their strong interrelationship. Together with our teachers, I hope to welcome many of you, together with your companions and family members if you wish, at the Wellness Hotel Dolomia in Soraga, in the wondrous landscape of the Dolomites. A presto!*

Lorenzo Trainelli



General information

Technical direction

The seminar is directed by two of the most renowned international experts: **Malcolm Tiki Shewan Shihan**, *Aikido* VII Dan and deeply versed in *Iaido* and *Kenjutsu*, and **Pascal Krieger Shihan**, *Shinto Muso-ryu Jodo Menkyo Kaiden* (the highest rank in traditional schools) and expert in *Iaido* and *Judo*.

Location

Wellness Hotel Dolomia, Via Molin 2, 38030 Soraga (Val di Fassa, TN), Italy.

Tel. +39 0462.768107 – E-mail: info@wellnessfassa.it – Web: <http://www.dolomiahotel.com>

Dates and time schedule

Opening on Thursday, June 22nd, at 2:00 pm – Closing on Sunday, June 25th, at 1:00 pm.

Conditions for participation

We propose the participants a “**full package**” including:

- **seminar:** *Aikido*, *Aikiken/Kenjutsu*, *Iaido* and *Jodo* for about **18 hours total**;

Seminar participation fee: **Euro 140** to be given exclusively in cash on site by Saturday, June 24. Other forms of payment will not be accepted.

- **full board:** 78 €/person/night, tourist tax included (without extra fees)

- lodging in double, triple, 4-bed rooms as appropriate (the organization might mate participants in the available rooms when needed); it is possible to ask for single-bed use (extra: 30 € per day) and/or for upgrading to a Junior Suite (extra: 20 € per day, per person);
- all meals from Thursday evening dinner to Sunday lunch;
- use of the hotel relax & wellness facilities.

Full board for 3 days: **Euro 234** (without extra fees).
An advance payment is requested (see below). The balance payment will be settled at the hotel (cash, credit card or other means of payment).

Children, according to their age, may take advantage of reduced participation fees. Please contact the organizer to get detailed information.

Reservation and payment

Interested participants must:

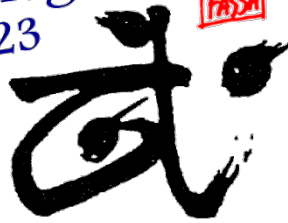
- 1) fill the **online form** at this [link](#) (one form for each participant, trainee or not)
- 2) pay an **advance payment of 50 Euro** for each participant (trainee or not) through bank transfer to the hotel bank account specified in the online form and send a **confirmation email** to the organizer.

Organization and information

Lorenzo Trainelli mob. +39.340.6985428 – email lorenzo.trainelli@gmail.com

Soraga
2023

VALDI
FASSA



AIKI ❖ KEN ❖ JO
23rd Alpine Budo Seminar

Technical programme

Planning

The seminar is conceived to be attended in its entirety. Practice starts on Thursday, June 22nd, at **3:00 pm** and closes on Sunday, June 25th, at **1:00 pm**.

About **18 hours of practice** are envisaged, a part of which in common classes, another in parallel courses, in the following disciplines: *Aikido*, *Aikiken* with elements of classical *Kenjutsu*, *Iaido* (*Muso Shinden-ryu* and possibly other schools), *Shinto Muso-ryu Jodo*.

Practice will **in the open air** and in a hall fitted with tatami mats.

The **detailed programme** of activities will be finalized on site: in addition to practice and resting time, it will include the traditional conference on **Shodo** (Japanese calligraphy) by P. Krieger, *Shodo Shiban*.

On Saturday morning, given suitable weather conditions, a **mountain practice session** is scheduled, in a nearby alpine pasture at 2,000 m. A meal – fully arranged by the hotel – will be served on place.



Equipment

It is mandatory to bring, together with a few *keikogi* and the **weapons** (*bokken*, *jo*, *tanto*, possibly *iaito*), the minimal equipment for a **mountain walk** (trekking boots, wind coat, small rucksack, etc.).

Sunglasses and a peaked cap may be useful for **outdoors** practice. Please consider the possibility of variable weather conditions in an alpine climate setting.

